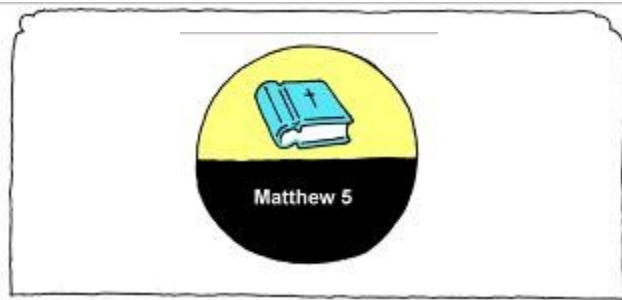


GOLDEN RULES to live by - The Sermon on the Mount

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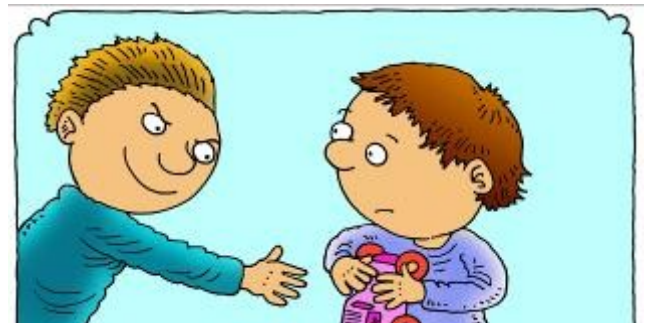
Crowds of people followed Jesus because they loved to listen to the stories He told them. His words changed the way they treated others.



Jesus sat down on the Mount of Olives and talked to the people about good rules to live by and ways to treat other people. These are sometimes called the Golden Rules.



Jesus said, "If someone asks you to go one mile, go two." This means if someone asks you to do something, do more than they ask!



When people are unkind and treat you badly, don't be nasty back. Using calm words, not fists, is the best way to settle arguments.



Be generous towards others and to give them more than they asked for, without expecting them to pay you back.



Always tell the truth even if you think you might get into trouble, then people will soon get to know that they can trust you.



Treat other people the way you would like them to treat you. Help others even when you don't have to, just like Jesus did.



Jesus treated everyone, old or young, rich or poor, sick or well and people from different cultures, with kindness and respect. I want to be like Jesus too.